



Summer Camp Newsletter

Week 1- Pittsford Recreation Center

June 20- June 24 (Thursday Field Trip to the Upper Valley Aquatic Center)

Swimming Camp:

Each swimmer will be screened and assigned to a different group, according to skill level, age, and ability. Generally, swimmers age 8 and under are typically placed in one group, and swimmers age 9-13 are in another group. In addition to water orientation/stroke development, the Boys & Girls Club swim lesson program teaches personal safety, personal growth, water games and sports, and rescues. Free swim and games are provided after lessons. The Boys & Girls Club will provide snacks for all campers.

THINGS TO BRING: Sun screen, bathing suit, shoes (sneakers or sandals), water bottle, towel, change of clothes and a smile.

Week 2- Pittsford Recreation Center

June 27-July 1 (Thursday Field Trip to Fort Ticonderoga)

Soccer Camp:

Each camper will be screened and assigned to two different groups, according to skill level, age, and ability. The development team will concentrate on primary technical skills such as dribbling and passing through fun small sided games. The more advanced group will concentrate on a more tactical approach. Campers will learn positional play, shooting and passing. The Otter Valley Varsity Girls soccer team will be present and assisting in skills for all campers. Following the completion of the camp, campers will be given some free time for free swim and games.

THINGS TO BRING: : Sun screen, bathing suit, shoes (sneakers or cleats),water bottle, towel, change of clothes and a smile.



Week 3- Pittsford Recreation Center

July 5 -July 8 (Thursday Field Trip to Lake Champlain Maritime Museum)

Lacrosse Camp:

The Boys & Girls Club lacrosse camp will be a basic introduction to lacrosse. Beginner campers will learn fundamentals such as cradling, and passing along with shooting and defending. More advanced campers will learn skills such as passing, shooting, offense and defensive plays. Campers will be screened and placed into one of two groups based on skill and ability. Lacrosse sticks and balls will be provided for all campers. Following the completion of the camp, campers will be given some free time for free swim and games.

THINGS TO BRING: : Sun screen, bathing suit, shoes (not sandals or flip-flops),water bottle, towel, change of clothes and a smile.

Week 4- Pittsford Recreation Center

July 11-July 15 (Thursday Field Trip to Billings Farm & Museum)

Basketball Camp:

The Boys & Girls Club basketball camp will be a basic introduction to basketball. Beginner campers will learn fundamentals such as dribbling and passing, along with shooting. More advanced campers will learn skills such as passing, shooting, pick and rolls and offense and defensive plays. Campers will be screened and placed into one of two groups based on skill and ability. Following the completion of the camp, campers will be given some free time for free swim and games.

THINGS TO BRING: : Sun screen, bathing suit, shoes (not sandals or flip-flops),water bottle, towel, change of clothes and a smile.



Week 5- Pittsford Recreation Center

July 18-July 22 (Thursday Field Trip to Pittsford Recreation Center)

Tennis Camp:

Our tennis camp will cover the fundamentals of tennis. Campers will learn how to properly strike the ball with a forehand, and a back hand. Campers will learn how to serve and volley while being involved with fun and exciting small sided games. Groups will be divided based on age and ability to hit a tennis ball. Tennis racquets and tennis balls will be provided for each of the campers.

THINGS TO BRING: : Sun screen, bathing suit, shoes (not sandals or flip-flops),water bottle, towel, change of clothes and a smile.

Week 6- Pittsford Recreation Center

July 25-July 29 (No Field Trip)

Swimming Camp 2:

Each swimmer will be screened and assigned to a different group, according to skill level, age, and ability. Generally, swimmers age 8 and under are typically placed in one group, and swimmers age 9-13 are in another group. In addition to water orientation/stroke development, the Boys & Girls Club swim lesson program teaches personal safety, personal growth, water games and sports, and rescues. Free swim and games are provided after lessons. The Boys & Girls Club will provide snacks for all campers.

THINGS TO BRING: Sun screen, bathing suit, shoes (sneakers or sandals), water bottle, towel, change of clothes and a smile.



Week 7- Boys & Girls Club of Brandon

August 1-August 5 (No Field Trip)

Music Camp:

Our music camp will cover a vast array of musical information. Campers will be introduced to instruments like guitar, drums, and keyboard. Our campers will take their knowledge of music and on the last day will hold a small performance. . . Rolling Stones eat your heart out!

THINGS TO BRING: Personal musical instruments are allowed but not required.

Week 8- Boys & Girls Club of Brandon

August 8 - August 12 (No Field Trip)

Theatre Arts Camp:

Our camp will cover the fundamentals of theatre. Campers will learn to develop their acting skills in small fun games and activities. At the culmination of the camp our campers will participate in an exciting play written and directed by the campers.

THINGS TO BRING: All campers are required to bring a positive attitude and smiles are a must!